



FOUR FLAGS AREA
**CHAMBER of
COMMERCE**

Health & Wellness Summit

FRIDAY, MAY 30TH, 2014

1:00PM-6:00PM

Niles-Buchanan YMCA, 905 N. Front St., Niles MI

Join us for this FREE Community Health Event

- Discover area fitness, health, beauty, nutrition, and wellness options available in our community
- Free health screenings, blood pressure checks & a blood drive
- Healthy food options, fitness demonstrations, a ribbon cutting for the new Riverfront Park trail fitness equipment
- Kids activities, giveaways and more!

Visit www.nilesmi.com for schedule of events

Partners in health



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